DAILY MENU - 7th grade

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	cereals, milk	yoghurt, fruit, fruit tea	sandwich(cheese, tomatoes) Strawberry juice	vegetable salad, pressed cheese, two slices of bread	cereal yoghurt orange juice	salted cheese pie, fig juice	Wild berry pie, tea
Snack	Chocolate roll	2 slices of bread, rose jam	chocolate birthday cake	chocolate flake fancy cakes	fruit(apricots, sweet cherries)	melon	pistachio nut
Lunch	paste salad, salmon, vegetable salad, fruit	baked turkey, lettuce(broccoli cabbage, lemon)	carrot soup cream Fruit(melon, raspberry)	mashed vegetables , baked beef	baked vegetables, chicken, vanilla rolls	grilled vegetables, smoked salmon	Mushrooms pie, tomato brusschetti
Snack	nuts, almonds	a bar of chocolate	fig juice	figs	a slice of cherry cake	water melon	mashed fruit
Dinner	grilled chicken, mashed potatoes	Grilled fish, vegetable salad, apple pie,	eggplant roll Raspberry pudding	fruit yoghurt	vegetable salad, shrinks	eggplant brusschetti	vegetable salad (cabbage, tomatoes, cucumbers, broccoli)